



**ADELLE DAVIS**  
To Address Joint Meet  
**Nutritionist to Speak  
At Optometrists Meet**

Adelle Davis, one of the country's best known nutritionists, will be guest speaker at a joint dinner meeting of the South Bay Optometric Society and Auxiliary on Thursday evening, Jan. 25 at Sam's Cafe, Torrance, beginning at 7:30 p.m. Her topic will be "Nutrition and You".

Miss Davis studied at Purdue University, graduated from the University of California at Berkeley, and took post graduate work at Columbia University and the University of California at Los Angeles before receiving her Master of Science degree in biochemistry from the University of Southern California Medical School. Throughout her career, she has worked with physicians, beginning in New York with dietetics training at Bellevue and Fordham hospitals and her first job at the Judson Health Clinic.

**VFW Post, Auxiliary  
Note Anniversaries**

Lomita Veterans of Foreign Wars Post 1622 and the Ladies Auxiliary celebrated their respective anniversaries at the gala Anniversary Dinner at the San Francisco in Torrance on Jan. 17. The Lomita Post was chartered Jan. 17, 1929 and the Auxiliary on Jan. 16, 1930. Highlighting the celebration was the presentation of a Perpetual Charter to Harry K. Armacost, Jr., commander of the Lomita Post, by Kazuo Minami, 4th district commander, Basil Hudgens, 4th district senior vice commander, and Ed Fraser, 4th district life membership chairman.

To receive a Perpetual Charter, a Post must have 25 life members enrolled. The Lomita Post is the 14th in the district to achieve this high honor. Receiving the 24th and 25th life membership cards were Ronald Lindeman and DeWayne Miner, both residents of Lomita. Officiating as Master of Ceremonies was John Wurm, also a life member. Mrs. Harley K. Gray, president of the Auxiliary, announced that Ada Anderson, resident of Lomita and sole remaining charter member of the auxiliary, was present at the anniversary celebration.

**Auxiliary  
Sets Agenda  
For Year**

Their calendar for 1968 was presented to members of the Ladies Auxiliary to the Torrance Fire Department when they held their first business meeting of the new year on Jan. 8 at the home of Mrs. Carl Marshall, 24508 Falena. Mrs. Bruce Smith, president, conducted the meeting at which "secret pals" for the new year were drawn and plans made for a New Members and Past Presidents Tea and a Swap Meet. Mrs. William Slonecker won the door prize and the hostess served refreshments. Attending were Mmes. Denny Haas, Milton Langum, Edward Siminich, Kenneth Spaan, Walter West, Bruce Smith, Carl Marshall, Ronald Wiener, John Blain, William Slonecker, James Tarango, Samuel Kirkwood, Ray Flagg and Dennis Hansen, members. Guests were Mrs. Gary D'onofrio and Mrs. Hope Smith.



**Mothers  
In  
Spotlight**  
Torrance Jaycettes will stage their annual "Take Your Mother To Lunch," next Saturday, Jan. 27 aboard the SS Princess Louise with a social hour at 12:30 p.m. Mrs. Phillip Sheaffer, chairman, announces that corsages will be given the mothers and they will be entertained with a program of flower arranging. Three Jaycettes, from left, Mmes. Dempsey Morris, Marty Lewis and Ron Simkins, show the delectable menu to Mrs. Whiteside Miller, mother of Mrs. Simkins. (Press-Herald Photo)

**Club On Trip**

Knolls Travelers Club chartered a bus recently for a trip to the Forum in Inglewood to see "Holiday on Ice."

**Parents Group Slates**

**'Mardi Gras' Ball**

With a "Bienvenidos," the Mardi Gras Ball Committee of St. Peter's Tuller School will be posting their annual invitations to their benefit which this year will carry a Mexican theme. Mrs. Larry Burns, president of the Parents' Association of the Tuller School, has appointed Mrs. Allan MacAller chairman for the event which will take place Saturday evening, Feb. 24, in the Harbor View Room aboard the S.S. Princess Louise. Special pinatas for table decorations are being made in Mexico and will be used with colorful flowers for centerpieces. Vivid colors will pace the carnival atmosphere, and music will be provided during the cocktail hour and for dancing after the formal sit-down dinner. Proceeds from the Ball go towards special equipment for the school, which is a parochial school in conjunction with St. Peter's Episcopal Church, San Pedro. The school is operated by the Sisters of the Order of the Teachers of the Children of God.

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**Beta Nus to  
Accept Four  
New Members**

Beta Alpha Nu chapter of Beta Sigma Phi Sorority will welcome four new members on Jan. 24, at 8 p.m. Those who will receive the Pledge Ritual will be Mmes. Gary Wires, Robert Gaylord, Richard Mayes, and Richard Holland. Hostess for the evening will be Mrs. Roy Keenan, 4317 Paseo De Las Tortugas, Torrance. She will be assisted by Mrs. Theodore Holcombe. The program, "You and Your Audience," will be presented by Mrs. Edward Gorman.

**Illinois Guests**

Weekend houseguests of Mr. and Mrs. Lyle O'Hara on Fern Ave. were Mr. and Mrs. James L. Finnerty of Rockford, Ill. who arrived Saturday. They will spend several weeks here visiting with other relatives in Los Angeles.

**Family Panel  
Sets Consumer  
Congress Feb. 1**

The Family Panel of America will hold its 11th annual Consumer Congress at the Century Plaza Hotel, Los Angeles, Tuesday, Feb. 13. The day-long meeting will feature speakers of renown. The Hawaiian theme will be hearts that are involved, using the colorful leis and flowers of the islands in the decor. The Westside Branch of the Panel will be hostesses. The chairman is Mrs. Marion Dunn of Santa Monica. Tickets are available from the local South Bay Director Mrs. James Alcorn until the deadline Jan. 30. The Family Panel is a group of women who are interested in becoming involved with life. They desire to become better informed homemakers and citizens by sharing ideas at the regularly scheduled monthly Telewoman meetings. All meetings are open to the public.

**From Fresno**

Mr. and Mrs. Leroy Armstrong of Fresno, former Torrance residents, spent last weekend here visiting their daughter and her husband, Mr. and Mrs. Arthur Evanson.

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